

IN-DEPTH INTERVIEWS – PRIMARY PARTICIPANTS

Use of these questions:

These questions were developed as a guide only. In practice field staff should familiarise themselves with these questions and adapt them to suit the participant and their responses. This responsiveness is important to ensure that the participant feels at ease and able to talk about these topics. The interview should feel more like a conversation rather than a question and answer session. It is important to establish a rapport with participants and therefore it is advisable to begin with some general questions about their family and their interests before delving into what are quite private topics relating to WASH. Questions should be added where a participant mentions something of interest or touches on something that needs further clarification. Questions can be skipped where a participant answers the question in a previous response. It is not normally necessary to go through all questions.

Introduction

Thank you for agreeing to take part in this interview. My name isand I am a data collector from I am part of a team conducting a research study on disability and access to water, sanitation and hygiene. I am now going to ask you some questions regarding your participation in community meetings and events around water, sanitation and hygiene, changes to your personal use of water, sanitation and hygiene facilities in and around your household and community and any difficulties you may face when using such facilities and what you perceive to be the community's attitude towards you. As explained, you are free to stop the interview at any time.

This interview will be audio-recorded (tape recorded) and will take approximately 30 minutes to an hour.

Thank you for your time.

District		
Village/settlement		
Area/Sub County/Parish		
Household No		
Name of primary participant	FIRST NAME	SURNAME
Gender	Male <input type="checkbox"/>	Female <input type="checkbox"/> <i>Tick as appropriate</i>
Age		
Name of carer or family member of primary participant	FIRST NAME	SURNAME
Date of Interview		
Interview number		
Additional information (Name of condition, whether the carer may need to assist in answering the questions, other contextual information from previous participation in other research components)		

1. The first questions I will ask you will be about your access to water.

1.1 Do you have any trouble getting water to drink or use for daily tasks, tell me more about this:

1.2 Do you get your own water?

If so, discuss - A 'Moment in Life' - have them describe or preferably show (WASH demonstration) what they have to deal with when going to fetch water – (i.e.) difficulties using path/steps up to water source/ height-depth of well/ lack of strength or mobility for operating pump) – etc.

1.3 If don't get own water, do other people bring it for you? Who?

If so discuss -

- Where does this person get their water from normally?
- Do you have to wait for someone to come home to get you water?
- Do you think they mind collecting additional water for you?
- Do they ever talk to you about their difficulties in getting water?

1.4 Does this happen in both the rainy and dry seasons?

1.5 Do you get enough water?

Discuss - for example do you:

- Use less water than you need? Why?
- Do you ever feel thirsty but are unable to access drinking water?
- Use less water than other members of your household? Why?
- Less water than you would like to because it's difficult for you to carry it/ difficult for others to carry?
- Use less water because it is expensive?
- Do you feel restricted or guilty about using water?

1.6 If water is stored in house, can you get it by yourself or do you need help?

If so discuss: do you have to wait for someone to help you?

1.7 Do you ever use water from a source that you know may not be clean?

If so discuss -

- What source (tap/standing water/other)?
- Why do you do this?
- Are you able to treat water yourself (through boiling, filters or chlorination)

1.6 If you don't have any trouble getting water to drink or use for daily tasks is this because you have had to adapt your water facility or water storage accommodate your needs or use the water facility differently to other members of your household?

Discuss:

- What adjustments did you have to make to your water facility or the way you access and store water?
- Are you happy/comfortable with the way you access or store water? How could it be improved?
- Do you think the other people you share a water facility with are happy with the way you use or access water?

- If you made adjustments to the water facility itself, how did you arrange for this to take place? Did anyone in your community or family assist you? Did the adjustments cost money?
 - If you made adjustments to the water facility itself, how do the other people that you share the water facility with feel about these adaptations?
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2. The next set of questions I am going to ask you are about YOUR ACCESS TO TOILET FACILITIES.

2.1 Do you have any trouble getting to or using the toilet, can you tell me more about this:

If yes, discuss - A 'Moment in Life' - Have them describe what they do when going to/using toilet? (i.e. difficulties walking/moving to toilet/bush; / steps to toilet/ height of toilet/ size of latrine/ need to wait for someone to help them).

2.2 If you need help, who normally helps you getting to or using the toilet?

Discuss-

- Is that person always available?
- If not, do you have to wait until they come home/ return from work?

2.3 Do you try to limit the number of times a day you use toilet?

If yes, discuss -

- Is this because of difficulty in getting to/from toilet?
- Because you do not want to ask for help too often?

2.4 Do you limit the amount of food / water so you don't need to go to the toilet as frequently?

If yes, discuss - Ask them to describe i.e. I don't drink anything until later in the day/ I eat only at dinner

2.5 If you have difficulties with movement, do you have to crawl or touch surfaces which you feel are dirty or unclean in order to use the toilet?

If so, discuss -

- Can you describe this in more detail? I.e. what surfaces you usually have to touch and how?
- What do you normally do to prevent yourself from getting dirty?
- How do you normally clean yourself after using the toilet?
- Do you require assistance to clean yourself after going to the toilet?

2.6 Do you use the same toilet as everyone else in your household? If not, how and what do you do that is different?

Discuss -

- Why are you not using the same toilet?
- Are you ever discouraged from using/ told not to use the same toilet because people think that you cannot be as clean/ that others can become sick/disabled from using the same toilet - (or other reason)?
- If yes, does it happen in your household? In the community?
- Does lack of toilet you can use keep you from travelling around/ doing things in your community? (i.e.: not going to the market/shopping/ church?).
- Kept you from going to school/ looking for job/ working outside household?

2.7 If you don't have any trouble getting to or using the toilet is this because you have had to adapt the toilet to accommodate your needs or use the toilet differently to other members of your household?

Discuss:

- What adjustments did you have to make to the way you use the toilet or to the toilet itself?
 - Are you happy/comfortable with the way you use the toilet? Does the way you use the toilet allow for adequate privacy and dignity? If not, why? How could this be improved?
 - Do you think the other people you share a toilet with happy with the way you use or access the toilet?
 - If you made adjustments to the toilet itself, how did you arrange for this to take place? Did anyone in your community or family assist you? Did the adjustments cost money?
 - If you made adjustments to the toilet itself, how do the other people that you share the toilet with feel about these adaptations?
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3. These next questions are going to be about WASHING YOURSELF AND KEEPING YOURSELF CLEAN.

3.1 Do you have any trouble washing yourself or keeping yourself clean?

If yes discuss: 'A moment in Life' - describe or preferably show (WASH demonstration) what you have to do when they want to wash yourself?

3.2 Does someone help you bathe/clean?

If yes, discuss –

- Does this limit how clean you can keep yourself? (Ask if this is also linked to trying not to use too much water – above)
- If you cannot bathe or clean as often as you would like, do you think this leads to infections/ other problems? (i.e.: pressure sores/infections)?
- If you cannot bathe or clean as you would like do you think this effects the way others perceive you?
- Do you use the same washing facilities as the rest of your family? If not why?

3.2 Do you have any trouble washing your clothes or doing other cleaning related activities?

If yes discuss - 'A moment in Life' - describe or preferably show (WASH demonstration) what you normally have to do when you want to wash your clothes.

- Does someone assist you with this? Who?
- Do you wash your clothes less or more than other members of your household? Why is this?
- If you cannot wash your clothes as often as you would like do you think this effects the way others perceive you?
- Do you have any difficulty washing the dishes?

3.3 [THIS QUESTION IS TO BE ASKED OF WOMEN ONLY] Do you have any trouble managing your menstrual period or cleaning yourself during this time?

If yes discuss - 'A moment in Life' – describe or preferably show (WASH demonstration) how you normally manage your menstrual periods or whether you do anything different in the way you clean yourself/other assist you to clean yourself.

- Is it easy for you to access sanitary pads/tampons/ locally produced cloths/ other products while you are menstruating?
- Are you able to buy these yourself or does someone get them for you?
- Have you ever been in a situation where these items were not available to you? Why was this?
- Do you have any troubles changing sanitary pads/tampons/ locally produced cloths/ other products?
- How do you normally dispose of your sanitary pads?
- Did you know about menstruation before you got your first period?

3.4 Do you have and trouble washing your hands?

If yes, discuss - 'A moment in Life' - describe or preferably show (WASH demonstration) how you normally wash your hands and at what points during the day you usually wash your hands.

- Does anyone help you wash your hands? Who? What happens if they are not there?
- Do you normally wash your hands with soap?
- Do you normally wash your hands after using the toilet? Is the place where you wash after using the toilet nearby the toilet?

3.5 If you don't have any trouble washing yourself or keeping yourself clean is this because you have had to adapt your washing facilities to accommodate your needs or use washing facilities differently to other members of your household?

Discuss:

- What adjustments did you have to make to the way you wash or clean yourself or to the facilities themselves?
- Are you happy/comfortable with the way you use these facilities? Does the way you use the washing facilities allow for adequate privacy and dignity? If not, why? How could this be improved?
- Do you think the other members of your household or people you share your washing and toilet facilities with are with happy with the way you wash and keep yourself clean? What makes you think this?
- If you made adjustments to your washing facilities toilet itself, how did you arrange for this to take place? Did anyone in your community or family assist you? Did the adjustments cost money?
- If you made adjustments to the washing facility itself, how do the other people that you share the toilet with feel about these adaptations?

4. These next questions are about THE WAY YOU VIEW YOURSELF AND THE WAY YOU THINK OTHERS VIEW YOU.

4.1 How would you describe yourself?

4.2 How do you think others in your community would describe you?

4.3 Are there any traditional beliefs about people who are elderly/disabled/sick in your community?

Discuss -

- What are these?
- How do these beliefs make you feel?

4.4 Have you ever felt like you have been excluded, treated with disrespect, teased, or bullied because of your disability/age/sickness?

Discuss: Can you give an example of this?

- Are people always happy to shake your hand?
- Are you always happy to shake the hand of others?

Are people always willing to shake your hand?

4.5 Was there an event/experience in your life where you sensed people's opinions or attitude towards you changed/improved?

Discuss -

- What do you think has caused this change?
- How has this change made you feel? (e.g. dignity, self respect, self confidence)

5. These next questions are going to be about PARTICIPATION IN COMMUNITY EVENTS.

4.1 Do you normally attend community events?

- What type of events do you normally go to?
- What type of events would you not go to?
- What are the barriers for you to attend community events?
- What are the things that make it easier to attend community events?

4.2 Have there been any events or discussions in your community about people who may have a condition that restricts or makes it difficult for them to use household and other local facilities (e.g. latrine, collecting/using water and using bathing facilities) that you have been a part of?

If so, discuss –

- What was this event?
- What happened during the event?
- What made you attend (ie were you invited or did you volunteer?)
- Were you able to express your concerns/issues during this event and did you feel listened to/ were their ideas considered?
- How did you feel to be part of this process?
- Do you think this has changed the way that other people view you?

4.3 If such event was held would you like to participate?

If so, discuss –

- What would be the main points that you would raise?
- What changes would you recommend could be made to these water facilities, toilets, or washing facilities in your community to make them more accessible for people like you?
- What recommendations would you make for how local government/charity organisations/ community groups or networks could improve the way they relate to, engage and support people like you who may have different water and sanitation needs?
- What recommendations would you would you

4.4 Are there some groups in the community, such as women's groups, Community Health Committees, church groups, charity organizations or others that help you by providing additional care or services?

If so, discuss -

- What do they do?
- Do you access their services?
- How did you find out about their services? Did they contact you or you/your family contacted them?
- Do you ask them to help? Do others in your family ask for help?
- Do these organisations also provide you financial support, medical support or other material items that you need?
- Are there other things you would like these organizations to do?

4.5 Are you aware of any policy that relates to people with disability or their access to water, sanitation and hygiene?

- If so how did you find out about this?
- Do you think this policy has made a difference?
- If you felt your rights in relation to WASH had been infringed how would you go about raising this issue?